



QUICK GUIDE TO HARVARD UNIVERSITY HEALTH SERVICES (HUHS) FOR STUDENTS

Harvard University Health Services (HUHS) provides confidential medical, mental health, dental, vision, prescription and specialty services to all Harvard students. HUHS is available for phone and in-person visits, including urgent care. HUHS is centrally located and adjacent to Harvard Yard, inside the Smith Campus Center at 75 Mt. Auburn St. Satellite clinics are located at the Law School and in the Longwood Medical area. For urgent care services, whenever possible, you are encouraged to call first to schedule an appointment or to obtain advice if you are unsure whether your medical or mental health need is urgent. The urgent care number, (617) 495-5711, is listed on the back of your Harvard ID. More information can be found at huhs.harvard.edu, including the most up-to-date information on department hours and locations.

LIFE-THREATENING EMERGENCY

CALL 911

Anyone experiencing symptoms of a life-threatening emergency should call 911 immediately. Never transport someone with a life-threatening issue on your own.

URGENT MEDICAL/MENTAL HEALTH CARE

617-495-5711

In-person urgent care for non-routine, urgent medical concerns or symptoms is available from 8:00am – 10:00pm, 7 days a week, including weekends and holidays at Smith Campus Center, 75 Mt. Auburn Street, 3rd floor. Between the hours of 10:00pm – 8:00am, 7 days a week, please call our nurse advice line at 617-495-5711. Students can schedule same-day non-routine appointments online through the Patient Portal at huhs.harvard.edu/patient-portal. Whenever possible, students are encouraged to call their health care team or mental health provider for advice during regular office hours. Visit huhs.harvard.edu/urgentcare for more information.

PRIMARY CARE/INTERNAL MEDICINE

Smith Campus Center: 617-495-5711
Law School: 617-495-4414
Medical Area: 617-432-1370

HUHS is committed to providing each student with complete, coordinated health care through a working relationship with a health care team comprised of a primary care physician, nurse practitioner, registered nurses, and health assistants. Students with chronic medical conditions are advised to establish a relationship with their health care team early in the academic year. To improve the continuity of your care, please obtain copies of medical records related to any of your chronic conditions from other facilities where you have received care. Visit huhs.harvard.edu/services/primary-care-internal-medicine for more information.

COUNSELING AND MENTAL HEALTH SERVICES (CAMHS)

617-495-2042

For students seeking mental health support, Counseling and Mental Health Services (CAMHS) offers students outpatient care for a wide variety of concerns, including anxiety, depression, stress, transitional issues, grief, eating, sexual, or relationship concerns, and crisis management. CAMHS supports students' well-being through a variety of services including individual counseling, groups, workshops, both in-person and virtual, therapy dogs, and much more. For mental health services at the satellite clinics, please call the clinic directly. Visit huhs.harvard.edu/camhs for location and contact information.

QUESTIONS, COMMENTS, OR CONCERNS

617-495-7538

Contact the Patient Advocate, Mallory Finne, directly at: patadvoc@huhs.harvard.edu or (617) 495-7583 for help with navigating the health care system, exploring choices for your medical care, resolving or mediating problems, discussing financial assistance options, coordinating special needs arrangements.



COMMON STUDENT QUESTIONS

HOW DO I SCHEDULE AN APPOINTMENT?

To schedule an appointment, students are encouraged to contact their HUHS health care team or mental health provider. Students can also schedule certain appointments online through the Patient Portal on the HUHS website. Patient Portal scheduling is available for: Internal Medicine (follow up care and non-acute health issues), Counseling and Mental Health Services (CAMHS) telephone consultations (new patients only), immunizations, travel consultations, and Urgent care. Routine physicals can only be scheduled by phone. **Please call the clinic directly** if you have a complex medical issue or a critical issue that needs immediate attention.

WHAT IS A NURSE PRACTITIONER OR CLINICAL NURSE SPECIALIST?

Nurse practitioners and clinical nurse specialists are registered nurses with advanced training in diagnosing and treating illness, as well as in health education. They work closely with physicians and can write prescriptions and refer patients to other clinicians, as appropriate.

WHAT IS THE HARVARD UNIVERSITY STUDENT HEALTH PROGRAM (HUSHP)?

The Harvard University Student Health Program (HUSHP) has two parts that work together: the Student Health Fee and the Student Health Insurance Plan. The Student Health Fee is required of all students who are more than half time and who are studying in Massachusetts, and covers most services at HUHS. This plan is administered by Blue Cross Blue Shield of Massachusetts, and is designed to complement the health care provided through the Student Health Fee at HUHS. It covers hospital, specialty care, labs/radiology and has a prescription drug benefit. This plan provides coverage throughout the United States and abroad.

DO I HAVE TO PARTICIPATE IN HUSHP?

Students with alternate health insurance coverage may be eligible to waive enrollment in the Student Health Insurance Plan, and in very limited cases, the Student Health Fee. Visit hushp.harvard.edu for more information.

WHERE CAN I FILL PRESCRIPTIONS AND GET LABORATORY SERVICES?

The HUHS Pharmacy fills prescriptions written by HUHS prescribers and offers competitive prices on over-the-counter products – purchases can be applied to your student bill. If you waive the Student Health Insurance Plan, the HUHS Pharmacy can bill your other insurance, assuming you have medication coverage and no restrictions apply. HUHS also has an on-site laboratory, operated through Quest Diagnostics. If you waive the Student Health Insurance Plan, Quest Diagnostics can bill your secondary insurance for these services.

WHAT IF I HAVE QUESTIONS ABOUT OR NEED EMERGENCY CONTRACEPTION?

You can make an appointment with your HUHS health care team to discuss questions and receive emergency contraception. Because emergency contraception is now available over-the-counter, you can also purchase it from most pharmacies. Plan B can be purchased 24/7 at the ScriptCenter kiosk, located inside the HUHS main entrance HUHS pharmacy (during regular business hours) for a cost of \$15.00.

WHAT IF I HAVE CONCERNS ABOUT SEXUALLY TRANSMITTED INFECTIONS (STIS)?

HUHS offers comprehensive screening based on your concerns, risks, and exposure. You can meet with your clinician and together decide which tests are appropriate for you. Most STIs are diagnosed through a clinical exam, a culture, or a blood test.

CONTACT INFORMATION

Emergency: 911

Urgent Care: 617-495-5711

Primary Care/Internal Medicine

Harvard Square: 617-495-5711

Law School: 617-495-4414

Medical Area: 617-492-1370

CAMHS: 617-495-2042

Patient Advocate: 617-495-7583

Pharmacy: 617-496-6661

Center for Wellness & Health Promotion:
wellness.huhs.harvard.edu
617-495-9629

Member Services: 617-495-2008

HUHS services and resources
huhs.harvard.edu

HUSHP info
hushp.harvard.edu